Letter of Intent: Desired Community Outcome Selection Examples

Promoting Health:

A Senior Center requests funding to start a program called "Winter Wellness" which brings people 65+ together to participate in a balance/fitness class followed by cooking a healthy meal with a nutritionist.

The Applicant selects these desired community outcomes:

a. Increased food access and nutritional wellness
b. Increased participation and access to physical wellness classes
c. Decreased social isolation

Description of how the program will achieve the Desired Community Outcomes:

The Winter Wellness program increases food nutritional access by ensuring that participants receive a healthy meal and learn about up keeping their diet in the winter when there aren't as many fresh fruits and vegetables. By starting with a balance/fitness class we are providing physical wellness opportunities at a time of year when many people find it harder to go outside. Lastly, by having the whole group participate in making a meal and eating together the program will encourage the group to socialize and build relationships.

Improving Educational Success:

A community sports program requests funding to give their volunteer coaches and staff additional trauma informed and evidence-based training. The program focuses on bringing together at-risk youth to build teams who practice together and compete against each other. The program wants to support its coaches through training to address identification of substance use issues as well as to offer coaches a trauma-based informed way of interacting with its young people.

The Applicant selects these desired community outcomes:

a. Reduced Risky behaviors in youth and young adults
b. Increased staff trained in Trauma Informed Care/Evidence Based Programming

Description of how the program will achieve the Desired Community Outcomes:

The Community Sports Program reduced risky behaviors in youth and young adults by providing a stable, enriching environment for the kids to be in. By giving our youth a safe place to be both physically and emotionally they are less likely to participate in damaging behaviors like binge drinking. Creating a team environment with coaches also serving as mentors, we foster a sense of accountability and responsibility in all our youth. In addition, all our coaches will be attending Trauma Informed Care training before the season begins. This will ensure that coaches are equipped with positive practices and information when team members come to them for help with problems. It will also allow coaches to identify any children who may need additional supports outside of the program.
Financial Stability:

A food pantry requests funding to offer clients financial literacy classes. The pantry partners with a local bank to offer a 6-week financial literacy class and help participants sign up for savings accounts. Individuals who complete the full class are given $100 into their savings account.

The Applicant selects these desired community outcomes:

   a. Increased number of individuals who have personal financial safety nets

Description of how the program will achieve the Desired Community Outcomes:

Through offering a financial literacy class the Food Pantry wants to boost the chances of success for individuals accessing the pantry. While providing food is an immediate solution, we want to do more for our clients. We believe we can help clients in the long term by providing them with the tools to have their own financial safety nets throughout the year. By giving participants a cash incentive, we are putting this into practice and helping them build their own financial safety net.

Housing:

A local nonprofit who works with persons with disabilities requests funding to buy a set of cottages which could house residents, but they need to be weatherized and made ADA accessible.

The Applicant selects these desired community outcomes

   a. Expansion of a more diverse year-round housing stock

Description of how the program will achieve the Desired Community Outcomes:

The Cottage Conversion program will expand the year-round housing stock and allow for year-round residents to remain on Cape. The small seasonal cottages are the right size and manageability for people in the program, however they need to be weatherized for the winter months and made accessible for all participants. The conversion process will happen over the course of two years with those living in the cottages participating in the process.