



IMPROVING EDUCATIONAL SUCCESS

PARTNERSHIPS:

- ▶ Zero to Three Working Group (Lead Partner)
- ▶ Women United

STRATEGIES AND FUNDED PROGRAMS:

- 1. Develop programs to increase parenting education and engagement**
 - ▶ *Building Foundations for Healthy Family Outcomes*, Cape Cod Children's Place
- 2. Create opportunities for youth to manage stress, develop mentoring relationships, build leadership skills, and participate in community service**
 - ▶ *Mentoring for Cape Cod and Martha's Vineyard*, Big Brothers, Big Sisters
 - ▶ *Job Skills & Healthy Lifestyles*, Boys and Girls Club of Cape Cod
 - ▶ *Primary Prevention Program*, Grades K–8, Calmer Choice
 - ▶ *Scoutreach*, Boy Scouts of Cape Cod & Islands
 - ▶ *Youth Basketball*, Shea's Youth Basketball
- 3. Promote professional development of child-care providers**
 - ▶ *Tools for Social and Emotional Growth*, Cape Cod Child Development

Arming children with the ability to regulate their emotions, interact confidently with their peers, and learn language skills early has a generational impact.



When children can learn and grow at the appropriate level and be nurtured by relationships with caring adults, they are more likely to graduate on time and become employable.

»» THE CHALLENGE

30
MILLION

By 3 years of age, low income children will have heard 30 million fewer words than those from professional households

30% - 50%

The number of students in our local school districts receiving free or reduced lunch

»» EXAMPLES OF OUR IMPACT

OVER
350

students in the Mid Cape region received tools to manage conflict and stress

120

youth across the Cape and Islands received quality mentoring from a caring adult

NEARLY
300

youth from the Cape receive tutoring/school help to improve school performance

250+

low-income youth participated in sports and outdoor programs

COMMUNITY IMPACT REPORT 2016 FOR CAPE COD AND THE ISLANDS



SUPPORTING FINANCIAL STABILITY

With a seasonal economy, higher housing costs and wages lower than the state average, financial challenges in our area are significant, all while there's an outward migration of young families and middle-income workers, putting the future of our communities at risk

PARTNERSHIPS:

- ▶ MA 211, 24/7 Help Hotline for the Cape and Islands (Lead Partner)

STRATEGIES AND FUNDED PROGRAMS:

- 1. Stabilize and assist vulnerable individuals and families to ensure basic needs are met**
 - ▶ *Basic Needs Safety Net*, Cape Cod Times Needy Fund
 - ▶ *Food4Kids*, Church of the Holy Spirit
 - ▶ *Financial Assistance Stabilization Fund*, Falmouth Service Center
 - ▶ *Food Program*, Family Pantry of Cape Cod
 - ▶ *Food Pantry and Rental Assistance*, Nantucket Interfaith Council
 - ▶ *Faith Family Kitchen*, Cape Cod Council of Churches
- 2. Provide pathways to self-sufficiency through literacy programs and financial counseling**
 - ▶ *Moving Women Towards Self-Sufficiency*, WE CAN
- 3. Prepare individuals to attain and retain employment**
 - ▶ *Shallow Subsidies for Lower Cape Families*, Homeless Prevention Council

The future success of our community is directly tied to the financial stability of working families. When this population suffers and is forced to make difficult choices, we all face serious consequences.

»» THE CHALLENGE

\$73,332

is needed per year to provide for the basic needs for a family of four on Cape Cod; 64% of households live below this threshold

60%

of local families are one setback away from financial disaster

»» EXAMPLES OF OUR IMPACT

650+

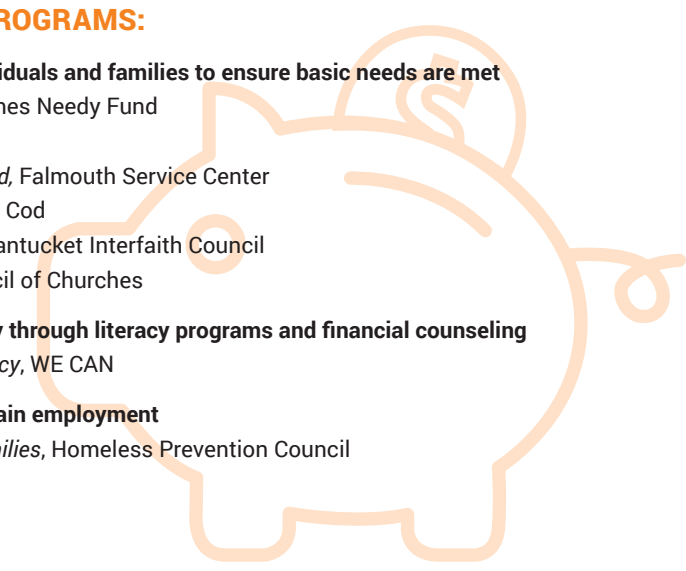
Cape and Islands families weathered a financial crisis with temporary emergency funds

600

local low income children receive fresh and nutritious meals during the summer months—sometimes their only meal of the day

250+

families empowered to gain financial independence and tools for self-sufficiency



CREATING HOUSING STABILITY



PARTNERSHIPS:

- ▶ Cape and Islands Regional Network on Homelessness Prevention, Policy Board
- ▶ Martha's Vineyard Housing Advisory Council
- ▶ Barnstable County Committee on Family Homelessness
- ▶ Coordinated Entry System Steering Committee
- ▶ Point in Time Homelessness Count

STRATEGIES AND FUNDED PROGRAMS:

- 1. Move individuals from homelessness to housing stability**
 - ▶ *In From the Streets*, Duffy Health Center
 - ▶ *Emergency Shelter Acquisition*, Cape Cod Center for Women
 - ▶ *Emergency Housing*, American Red Cross of the Cape and Islands
 - ▶ *Homeless Ministries*, Cape Cod Council of Churches
 - ▶ *Supportive Client Services*, Housing Assistance Corporation
- 2. Prevent low-income families from becoming homeless**
 - ▶ *Emergency Mortgage and Rent Assistance*, Lower Cape Outreach
 - ▶ *Support for Lower Cape Families at Risk of Homelessness*, Homeless Prevention Council
 - ▶ *Falmouth Housing Assistance*, Society of St. Vincent de Paul
 - ▶ *Housing Stability Program*, Cape Cod Times Needy Fund
- 3. Help individuals and families attain a home and encourage innovative pathways for affordable housing**
 - ▶ *Virginia Street Project*, Habitat for Humanity

A MEDIAN HOME ON CAPE COD COSTS ABOUT **\$370,000**. A SALARY OF **\$76,600** IS NEEDED TO BUY THAT HOME; MEDIAN HOUSEHOLD INCOME IS **\$63,251**.

No one should be without shelter. Creating housing stability provides a solid foundation for the growth of the entire community.

» THE CHALLENGE

ROUGHLY 55% of Barnstable's total households are housing cost burdened.

37% of our housing units are for seasonal use, compared to a state average of 4%, limiting the options for year-round residents

» EXAMPLES OF OUR IMPACT

400+ families remained in their homes because of financial assistance and supports

200+ individuals secured stable housing

1250 received case management to stay housed and achieve financial stability

75 survivors of domestic abuse were sheltered from their abusers

PROMOTING HEALTH



The Cape is aging -- with the largest population of seniors on the eastern seaboard outside of Florida. And within its younger population, the Cape has been hit hard with the crisis of substance use. Healthy communities address the needs of all residents through safe, supportive and responsive programs.

PARTNERSHIPS:

- ▶ Age Friendly Cape Cod
- ▶ Regional Substance Abuse Council

STRATEGIES AND FUNDED PROGRAMS:

- 1. Provide resources for healthy aging and age-friendly communities**
 - ▶ *Chronic Pain Case Management*, Outer Cape Health Services
 - ▶ *Peer Support for Blind and Low Vision Residents*, Sight Loss Services
 - ▶ *MV Prescription Medication Assistance Program*, Vineyard Health Care Access
 - ▶ *Foods to Encourage*, Falmouth Service Center
 - ▶ *Dementia and Alzheimer's Free Services*, HopeHealth
- 2. Increase services that prevent and lessen the impact of domestic violence and sexual assault**
 - ▶ *Survivor's Empowered*, Independence House
 - ▶ *Child Sexual Exploitation Training*, Children's Cove
- 3. Improve mental health and reduce substance abuse through primary prevention and supportive recovery services**
 - ▶ *Engagement in Treatment*, Duffy Health Center
 - ▶ *Substance Abuse Services*, Family and Children's Services of Nantucket
 - ▶ *Behavioral Health Integration with Pediatric Care*, Gosnold on Cape Cod
 - ▶ *Cape Trauma Net*, Child & Family Services of Cape Cod
 - ▶ *Finding a Place of Belonging*, Cape Cod Children's Place
 - ▶ *Mothers Helping Mothers Support Group*, Mothers and Infants Recovery Network
 - ▶ *A Second Chance*, Support Groups for Suicide Attempt Survivors, Samaritans on Cape Cod and the Islands
- 4. Enrich services to those who are disabled and/or have special needs**
 - ▶ *Recreational and Athletic programs for individuals with disabilities*, Cape Cod Challenger Club

Promoting healthy behaviors and increasing access to primary and preventative health care and mental health services enhance the quality of life and overall health of our economy and the community.

» THE CHALLENGE

27% of our Cape population is age 65 or older -- this is the largest population of elderly on the Eastern seaboard outside of Florida

NEARLY 1 out of every 7 people on Cape Cod has a substance use issue

» EXAMPLES OF OUR IMPACT

OVER 650 individuals in our community struggling with a family member's dementia received screenings, support and planning

100 individuals on Nantucket received free or low cost treatment for substance use disorders

250 mothers were engaged in peer support to maintain recovery and improve parenting skills